

Analysis Of Parenting Patterns On School Children's Compliance In The Implementation Of Health Protocol In The Time Post Coronavirus Disease Pandemic 2019 In Sdn 4 Tosaren Kediri City

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ABSTRACT

The application of the 5M health protocol to children at SDN Tosaren 4 in the post-pandemic period requires parental parenting to familiarize children with complying with health protocols so that they are not infected with Covid-19. The purpose of this study was to determine the analysis of parenting patterns on school children's compliance in the application of the 5 m health protocol in the post-Coronavirus Disease 2019 pandemic. The research design used was quantitative research with an observation/survey research design with a cross-sectional approach, the sampling technique was purposive sampling. The population in this study are all parents who have school children, the sample is some parents who have school children. This study used a questionnaire to the child's parents and then carried out data processing with Spearman Rank Correlation. The results of the measurement of parenting patterns can be described that from 53 respondents there are mostly parents with good parenting as much as 48 or 90.6%. Based on the compliance that out of 53 respondents, most of the children obeyed as much as 44 or 83%. the results of the analysis test obtained a correlation coefficient of 0.714, meaning that the level of strength of a strong relationship between the variables of parenting and compliance. The significance value is 0.000. so that parenting with obedience has a relationship. Parental Parenting Patterns on School Children's Compliance in the Implementation of the 5 M Health Protocol in the Post-Coronavirus Disease 2019 Pandemic at SDN Tosaren 4, Kediri City. Good parenting patterns regarding the application of health protocols in the post-Covid-19 period will have an impact on children's adherence to healthy behavior. So that children who comply with health protocols can avoid the transmission of COVID-19.

Keywords: Compliance, 5 M Health Protocol, Parenting.

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INTRODUCTION

Compliance is an attitude or obedience to fulfill the recommendations of health workers without being forced to take action (Fandinata & Ernawati, 2020). According to Purwati & Amin (2016), obedience is fulfilling other people's requests, defined as an action or deed that is carried out based on the wishes of other people or doing what is asked by other people. (Mardiatno, 2018)

The Covid-19 pandemic situation has changed everything. Currently, the role of parents in implementing health protocols for children is really the main thing in creating a child's happiness and success. Various forms of parenting will certainly have implications for the

formation of children's character. Parents, who incidentally are the child's closest environment, all their behavior will be observed and even imitated by the child himself. Parenting is a way for parents to direct their children (Madyawati, 2016). Parenting style is the parents' efforts to provide direction and encouragement to children on a regular basis from time to time by changing behavior, knowledge, and values that are considered appropriate for children so that children can live well.

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There are many confirmed cases, recovered cases, and deaths due to this coronavirus. The number of confirmed cases of COVID-19 in the world as of June 29 2021 is 181 million cases with 3.93 million cases who have died (WHO, 2021). The number of cases of Coronavirus disease (COVID-19) in Indonesia is 2.1 million cases with 1.8 million recovered cases and 58,024 deaths as of June 29 2021 (Covid-19 Handling Task Force, 2021). Number of District/City Cumulative Incident cases in East Java, Highest Case: Surabaya City: 18,221 cases, Kab. Sidoarjo: 8,039 cases, Kab. Jember: 4,561 Lowest Number of Cases: Kab. Madiun: 410 cases, City of Madiun: 424 cases, Kab. Pacitan: 425 cases. Death from positive: 6.009 (6.96%), Recovery from positive: 74.355 (86.09%) (Covid-19 Handling Task Force, 2021). Number of suspected cases in Kediri Regency in 2022: 3,350 people, 170 probable cases, and confirmed cases Recovered: 12,937 (+1), Died: 1,204, Active/Treated: 14, Hospital Isolation: 3, Centralized Isolation: 11 total confirmed cases as many as 14,155 people (+1) (Kediri Regency Task Force, 2022).

Based on a preliminary study on March 9, 2022 at SDN 4, Kediri City, it was found that out of 10 grade 5 children they still neglected health protocols properly. Many put the mask on their chin, don't wear it because it's tight, they don't keep their distance from friends. Their behavior needs to be given health education about implementing health protocols such as washing hands and using masks.

Transmission of Covid-19 can occur through direct contact, indirect contact, or close contact with an infected person through secretions such as saliva and respiratory tract secretions or respiratory droplets that come out when an infected person coughs, sneezes, talks or sings. This transmission can occur when a person has close contact (within 1 meter) with an infected person who is experiencing respiratory symptoms (such as coughing or sneezing) until eventually respiratory droplets containing the virus can reach the mouth, nose, eyes of a susceptible person. and can cause infection. Transmission can also be spread by touching contaminated surfaces and can also be spread through the air, especially in closed rooms with poor ventilation (Ministry of Health RI, 2020).

The parenting style instilled in each family is different, this depends on the views of each parent. Post-pandemic parenting style is the treatment of parents towards children in the form of caring for, nurturing, teaching, educating, guiding, training, which is manifested in the form of disciplining, giving examples, affection, punishment, rewards, and leadership in the family through words and actions. – parental actions (Sunarty, 2016). Parenting in implementing post-pandemic health protocols is an activity carried out to protect oneself from contracting the corona virus by maintaining personal hygiene and sanitation, namely 5M;

wearing a mask, washing hands with soap in running water, maintaining distance, staying away from crowds and reducing mobility (RI Ministry of Health, 2020).

Based on the description above, the researcher wants to conduct research on "Analysis of Parenting Patterns on School Children's Compliance in the Implementation of the 5M Health Protocol in the Post-Covid-19 Pandemic Period".

METHOD

The research design used was quantitative research with an observation/survey research design with a cross-sectional approach, the sampling technique was purposive sampling. The independent variable in this study is parenting style. Meanwhile, the dependent variable is the compliance of school children in implementing health protocols after the Covid-19 pandemic

The population in this study are all parents who have school children, the sample is some parents who have school children. This study used a questionnaire to the child's parents and then data processing analyzed using Spearman Rank Correlation.

RESULT AND DISCUSSION

Parenting Style

Table 1 Characteristics Of Respondents Based On The Parenting Style at kelas 5 SDN 4 Tosaren Kota Kediri

Parenting Style	Frequency	Percent
Good	48	90.6
Deficient	5	9.4
Total	53	100

Resource : Primary Data, 2022

Based on the table above, it can be described that out of 53 respondents, there were mostly parents with good parenting, 48 or 90.6%. The results of this study regarding parenting patterns can be described that out of 53 respondents there were mostly parents with good parenting styles of 48 or 90.6%.

Parenting is the attitude and way of parents in preparing younger family members, including children, so that they can make their own decisions and act independently so that they experience a change from being dependent on their parents to being independent and responsible for themselves. There are three parenting styles for parents, namely Authoritarian, Democratic and Permissive. Parents who adopt authoritarian parenting will demand that children comply with existing regulations, permissive parents have low control, and give freedom to children, while parents will encourage children express his opinion (Yusuf, 2017).

Several studies on parenting styles with the application of health protocols (Ihsani et al., 2019) show that the role of parents at home is very important, especially in educating children to always maintain a clean environment and implement health protocols. This education can be conveyed by giving examples to always wash hands after activities outside the home (Ihsani et al., 2019). The role of parents in raising children is to provide knowledge about maintaining health by implementing health protocols during a post-pandemic period. So that parents can maintain the health of their children, parents teach their children to follow health protocols.

When teaching the application of healthy living, parents need to set an example of a healthy, neat life and always maintain post-pandemic protocols as a form of educating children (Graha, 2017). During the current Covid-19 outbreak, the role of parents and guardians is very

important in implementing care, providing care and educational support for a child, because for a child's life the family is the smallest unit and the main place for him (Dewi & Khotimah, 2020). According to Ayun (2017) this parenting model also explains the importance of equipping their children with a more complete model of behavior.

Parents are always reminded to always wash their hands, wear masks, and keep their distance. The parenting style given is very beneficial for children because parents pay attention to it. Elementary school children are very dependent on parental education at home so that children can apply them at school.

Compliance Of School Children In Implementing The 5M Health Protocol During The Post-Pandemic Period Coronavirus Disease 2019

Table 2 Characteristics Of Respondents Based On Compliance Of School Children In Implementing The 5M Health Protocol During The Post-Pandemic Period Coronavirus Disease 2019 at 5th class SDN 4 Tosaren Kota Kediri

Compliance	Frequency	Percent
Obedient	44	83
Not Obey	9	17
Total	53	100

Resource : Primary Data, 2022

The results of research on compliance can be described that of the 53 respondents there were mostly obedient children as much as 44 or 83%.

In line with Novi Afrianti & Rahmianti's research (2021), the results of a study of 163 respondents found that 89.6% had high adherence to the COVID-19 health protocol. Compliance with health protocols can reduce the spread of the virus so that it will reduce morbidity and mortality due to COVID-19. By maintaining a clean and healthy lifestyle, children can avoid other health diseases. In line with the current conditions, children are expected to comply and be disciplined with health protocols so that they do not infect themselves.

Compliance with health recommendations for children 10-11 years cannot be separated from the attention of teachers to always pay attention to washing hands, wearing masks, and keeping a distance from friends. Compliance with implementing health protocols in children is influenced by many factors, one of which is parenting style. Parents have a big role in providing direction and education regarding what children should do in this new normal era so that children can continue to carry out activities by implementing health protocols. Because the family is a place for children to learn and develop, parents are the first and main educators in the process of child growth and development (Trisnawati W, 2021).

Children's compliance in implementing health protocols has a strong and significant relationship with parenting styles. The results showed that children with authoritarian parenting styles where parents impose their will and provide rules that must be obeyed, can make children comply in implementing health protocols in the new normal era, but this parenting style has a negative impact that makes children feel depressed, difficult to socialize, and easily stressed because there are too many boundaries.

In children with democratic parenting parents where parents encourage children to be independent, still provide boundaries and rules that must be obeyed. Children become able to control themselves so that they are able to distinguish between what to do and what not to do and are able to be responsible for themselves.

In this study it can be concluded that children's compliance with health protocols is very good. So that children are not easy to catch covid-19. Compliance is obtained from every education from schools to maintain health protocols.

The Corelation Between Parenting Style And School children's Compliance In Implementing Health Protocol During The Post-Pandemic Coronavirus Disease 2019

Tabel 3. Cross Tabulation Parenting Style with School children's Compliance In Implementing Health Protocol During The Post-Pandemic Coronavirus Disease 2019

			Compliance		Total
			Obey	Not Obey	
Parenting Style	Good	Count	44	4	48
		% of Total	83.0%	7.5%	90.6%
	Deficient	Count	0	5	5
		% of Total	0.0%	9.4%	9.4%
Total		Count	44	9	53
		% of Total	83.0%	17.0%	100.0%

Resource : Primary Data, 2022

Table 4 **Analysis of Parenting Style with School children's Compliance In Implementing Health Protocol During The Post-Pandemic Coronavirus Disease 2019**

			Pola_asuh	Kepatuhan
Spearman's rho	Pola_asuh	Correlation Coefficient	1.000	.714**
		Sig. (2-tailed)		.000
		N	53	53
	Kepatuhan	Correlation Coefficient	.714**	1.000
		Sig. (2-tailed)	.000	
		N	53	53

Based on the results, the correlation coefficient is 0.714, meaning the level of strength of the strong relationship between parenting and compliance variables. The significance value is 0.000. so that parenting style with obedience has a relationship. Parenting is a process that shows an interaction between parents and children on an ongoing basis. This process produces a change, both changes in parents and changes in children (Labir IK, Susy Natha Astini P, 2020).

Compliance with health protocols can reduce the spread of the virus so that it will reduce morbidity and mortality due to COVID-19. Compliance with health protocols must be able to balance policies towards the implementation of the new normal so as to improve the behavior of preventing COVID-19 so that new cases do not increase. The process of implementing new habits must be consistently implemented starting from using masks properly, keeping a distance, avoiding crowds, washing hands with soap and running water or alcohol-based, reducing physical contact, implementing clean and healthy living behaviors, consuming nutritious food, and exercising. Children's compliance in implementing health protocols has a strong and significant relationship with parenting styles.

Research shows that out of 53 respondents, the majority of parents with good parenting styles were 48 or 90.6%, while those who were less than 5 or 9.4% were obedient in implementing health protocols in the new normal era. In this study, there is a relationship between parenting style and SDN 4 children's compliance in implementing post-pandemic health protocols. Some parenting styles are lacking because parents don't want to comply with health

protocols so that children's compliance does not comply with post-pandemic regulations. Another factor that influences parenting is the lack of knowledge.

CONCLUSION

The results of the measurement of parenting patterns can be described that from 53 respondents there are mostly parents with good parenting as much as 48 or 90.6%. Based on the compliance that out of 53 respondents, most of the children obeyed as much as 44 or 83%. the results of the analysis test obtained a correlation coefficient of 0.714, meaning that the level of strength of a strong relationship between the variables of parenting and compliance. The significance value is 0.000. so that parenting with obedience has a relationship. Parental Parenting Patterns on School Children's Compliance in the Implementation of the 5 M Health Protocol in the Post-Coronavirus Disease 2019 Pandemic at SDN Tosaren 4, Kediri City.

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