

Antenatal Care (ANC) Regularity Reviewed From Husband's Support and Pregnant Women's Attitudes at the Health Center Bankrupt Toli-Toli Regency in 2022

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ABSTRACT

According to the 2017 SDKI data, the coverage of K4 pregnancy check-ups in Indonesia was 77%. Meanwhile, according to the 2018 Basic Health Research data, the proportion of K4 pregnancy check-ups in Indonesia was 74.1%, while the proportion of K4 pregnancy check-up history in Central Sulawesi province was 58.7%. Based on these data, it can be seen that the utilization of antenatal care services by a number of pregnant women in Indonesia is not fully in accordance with the established guidelines. The results of the initial data survey conducted by researchers at the Bangkir Health Center, Toli-Toli Regency in January 2022 obtained information from 10 pregnant women in TM III, 4 of whom routinely checked their pregnancies every trimester 1 to trimester 3 to health services. While the other 6 pregnant women said that they did not have regular pregnancy check-ups according to the schedule determined by health workers for various reasons, including no complaints, lack of husband support and negative attitudes of pregnant women towards ANC visits. Efforts that must be made are to provide counseling and socialization to pregnant women about the importance of regular antenatal care visits to improve maternal health. Design This research is a type of quantitative research with a design correlational . Respondents were taken with technique *Accidental Sampling* . With sample as many as 30 people. The Independent Variables are Husband's Support and Attitude. The dependent variable is the regularity of antenatal care visits. The results study Mostly known Respondent have support family category not enough that is totaling 17 people (56.7%). Most of them Respondent have attitude category attitude negative that is totaling 16 people (53.3%) . Some of them big Respondent own regularity antenatal care visits in category No regular that is totaling 18 people (60%). Support Relationship husband with Regularity Antenatal Care Visits at the Health Center Bankrupt Toli-Toli Regency Year with a P-Value of 0.001 . H relationship between attitude with regularity Antenatal care visits at the health center Bankrupt Toli-Toli Regency in 2022. with a P-Value of 0.011 .

Keywords : support husband, attitude , antenatal care visits

INTRODUCTION

Complications experienced by mothers during pregnancy are still a health problem in Indonesia. One of the efforts to detect early risk factors, prevention, and early treatment of pregnancy complications for pregnant women and fetuses is antenatal care. Antenatal care is a preventive effort of obstetric health service programs to optimize maternal and neonatal through a series of routine monitoring activities during pregnancy (Prawirohardjo, 2014). According to the 2017 SDKI data, the coverage of K4 pregnancy examinations in Indonesia was 77% (BKKBN, 2018). Meanwhile, according to the 2018 Basic Health Research data, the proportion of K4 pregnancy examinations in Indonesia was 74.1%, while the proportion of K4 pregnancy examination history in Central Sulawesi province was 58.7% (Balitbangkes, 2019). Based on these data, it can be seen that the use of antenatal care services

by a number of pregnant women in Indonesia is not fully in accordance with the established guidelines, as well as in Central Sulawesi province. This tends to make it difficult for health workers to provide regular and comprehensive health care for pregnant women, including early detection of pregnancy risk factors that are important to be addressed immediately. Pregnant women's visits are influenced by many factors. According to Green's theory, in Notoatmodjo (2016) there are predisposing factors, reinforcing factors, and enabling factors that can influence a person's behavior, including influencing the behavior of pregnant women in making ANC visits. Predisposing factors include age, education, occupation, parity, knowledge, and attitude. Enabling factors include distance of residence, family income and information media. Reinforcing factors include support from husband and family, as well as from existing health workers. Based on research by Masyudi (2020), it is known that there is a relationship between family support and Antenatal Care (ANC) Visits for Pregnant Women. Family support is the attitude, actions and acceptance of the family towards their family members. As the closest environment to pregnant women, support from the family plays an important role in influencing the psychology and motivation of mothers in carrying out health behavior. Tarigan's research (2018) shows that there is a relationship between the attitudes of pregnant women and the completeness of antenatal care visits, with negative attitudes of pregnant women which can influence incomplete antenatal care visits. The results of the initial data survey conducted by researchers at the Bangkir Health Center, Toli-Toli Regency in January 2022 obtained information from 10 pregnant women in the 3rd trimester, 4 of whom routinely checked their pregnancies every trimester 1 to 3 to health services. Meanwhile, the other 6 pregnant women said that they did not have regular pregnancy check-ups according to the schedule determined by health workers for various reasons, including no complaints, lack of husband support and negative attitudes of pregnant women towards ANC visits. Based on the data, information, and phenomena above, researchers are interested in conducting a study entitled "Regularity of Antenatal Care (ANC) Reviewed from Husband Support and Attitudes of Pregnant Women at the Bangkir Health Center, Toli-Toli Regency in 2022.

METHODS

This study used a Cross Sectional design, sampling using the Accidental Sampling technique. The research instrument used a questionnaire. The number of samples was 30 respondents. The variables analyzed were husband's support, attitudes with regularity of antenatal care visits, data analysis using the ChiSquare test.

RESULTS

A. Husband Support

Support Husband	Frequency	Percentage (%)
not enough	17	56.7
Enough	6	20.0
Good	7	23.3
Total	30	100.0

Figure 1. Distribution of Respondents Based on Support husband at Bangkir Health Center, Toli-Toli Regency in 2022

Based on figure 1, it is known that the majority of respondents have less support from their husbands , namely 17 people (56.7 %).

B. Attitude

No.	Attitude	Frequency	Percentage (%)
1.	Negative Attitude	16	53.3
2.	Positive Attitude	14	46.7
3.	Total	30	100.0

Figure 2. Distribution of Respondents Based on Respondents' Attitudes at the Bangkir Health Center, Toli-Toli Regency in 2022

Based on figure 2, it is known that the majority of respondents have a negative attitude category , namely 16 people (53.3 %).

C. Regularity of Antenatal Care Visits

No.	Regularity Antenatal Care Visit	Frequency	Percentage (%)
1.	No Regular	18	60.0
2.	Regular	12	40.0
3.	Total	30	100.0

Figure 3. Frequency Distribution of Respondents Based on the Regularity of Antenatal Care Visits at the Bangkir Health Center, Toli-Toli Regency in 2022

Based on figure 3 it is known that Most respondents had regular antenatal care visits in the irregular category , namely 18 people (60 %).

D. Connection Support husband with Regularity of Antenatal Care Visits at Bangkir Health Center, Toli-Toli Regency in 2022

Support Husband	Regularity of Visits Antenatal Care				total	percent age
	Irregular		Regular			
Not enough	14	82.4	3	17.6	17	0.001
Enough	4	66.7	2	33.3	6	
Good	0	0	7	1000	9	
Total	18	60	12	40	30	

Figure 4. Analysis of the relationship between husband's support and the regularity of antenatal care visits at the Bangkir Health Center, Toli-Toli Regency in 2022.

Based on results analysis using chi square test about connection Support husband with Regularity Antenatal Care Visits Health Center Bankrupt Toli-Toli Regency in 2022, the P-Value is known to be $0.001 < 0.05$. With thus in a way statistics can stated that There is connection Support husband with Regularity Antenatal Care Visit At the Health Center Bankrupt Toli-Toli Regency in 2022 .

E. Connection between attitudes with Regularity of antenatal care visits At Bangkir Health Center, Toli-Toli Regency in 2022

Table 5. Analysis of the relationship between attitudes and the regularity of antenatal care visits at the Bangkir Health Center , Toli-Toli Regency in 2022.

Attitude	Regularity Antenatal Care Visit				Total	Percentage
	Irregular		Regular			
	N	%	N	%		
Negative Attitude	13	81.3	3	18.8	16	0.011
Positive Attitude	5	35.7	9	64.3	14	
Total	18	60	12	40	30	

Based on results analysis using chi square test about analysis connection between attitude with regularity Antenatal care visits at the health center Bankrupt Toli-Toli Regency in 2022 is known that P-Value value of $0.011 < 0.05$. With thus in a way statistics can stated that There is connection between attitude with regularity Antenatal care visits at the health center Bankrupt Toli-Toli Regency in 2022.

DISCUSSION

A. Husband Support

Based on results study known that part big respondents at the Health Center Bankrupt Toli-Toli Regency in 2022 has support husband category not enough as many as 17 people with details regularity antenatal care visit category No regular as much as 82.4% and those who have regularity Antenatal care visit category regular as much as 17.6%.

According to opinion researcher matter the show that Mother pregnant at the health center Bankrupt Toli-Toli Regency in 2022 is lacking get support husband in do antenatal care visits . Lack of support husband result in absence conformity Mother in do antenatal care visits . Increasingly decrease support the more reduce conformity in do antenatal care visits .

According to opinion researcher lack of support husband This possibility due to lack of knowledge family or Possible Because lack of socialization about importance antenatal care visits .

Support family according to Fridman (2013) is attitude , action reception family to member his family , in the form of support informational , support assessment , instrumental support and support emotional .

Study This in line with theory Yeyeh (2013), who said that the most important person for a woman pregnant is her husband . There is a lot of evidence that shows that a woman who is cared for and loved by her partner during pregnancy will show more A little symptom emotional and physical , more easy do adjustment self during pregnancy and a little risk complaint childbirth . This is believed Because there are two needs main shown woman during pregnant that is accept signs that He loved and appreciated as well as need will reception his partner to his son . With existence support husband expected woman pregnant can maintain condition health psychological his and more easy accept change physique as well as control turmoil emotions that arise . Obtained or No obtained support husband depends on intimacy relationship , existence meaningful communication , the existence of problem or concern will her baby (Yeyeh , 2013).

Efforts that can be made done is with do counseling by personnel health about importance inspection pregnancy and support family . So that Mother pregnant can check it out her pregnancy in accordance standard .

B. Attitude

Based on results study known that part big respondents at the Health Center Bankrupt Toli-Toli Regency Year 2022 has attitude category Negative as many as 16 people with details antenatal care visits with category No regular as much as 81.3% and those who have visit category regular 18.8%.

According to opinion researcher based on results study Mother who has attitude negative to antenatal care visits will tend ignore in do antenatal care visits so that during pregnancy Mother No do antenatal care visits regular , on the contrary mother who has attitude positive will tend regular in do antenatal care visit .

Attitude is reaction or response closed somebody to stimulus or object certain , which has already involving factor opinions and emotions concerned (happy-unhappy) happy , agree-disagree agree , good-not good , and so on). In accordance with opinion Notoadmojo (2014) said that that attitude Mother That is a syndrome or gathering symptom in respond to stimulus or object . So that attitude That involving thoughts , feelings , and symptoms other mental attitudes . Mother to importance antenatal visits will be influence action Mother direct on his choice said . According to Albert in Notoadmojo (2014) said that attitude Mother Alone own three component main that is trust or beliefs , ideas and concepts to object It means How belief , opinion or thinking somebody to object , life emotional or people's evaluation of object , meaning How assessment (contained) inside it factor emotions) of the person to objects , and tendencies For act (tend to behave), meaning attitude is the components that precede action or behavior open (action) where third component the in a way together to form total attitude . In determining a complete attitude this , knowledge , thoughts , beliefs , and emotions hold role important .

C. Pregnant Women's Visit

Based on results study known that the majority of respondents at the Bangkir Health Center, Toli-Toli Regency in 2022 had regular antenatal care visits in the irregular category, namely 18 people (60%).

According to opinion researcher results the show that Still the amount Mother pregnant at the Bangkir Health Center, Toli-Toli Regency which is not regular in do antenatal care visits . Irregularity visit Mother pregnant the possibility caused by several factor among other things support husband and attitude Mother pregnant . Assumption researcher the supported by tabulated data cross indicating that Respondent own support husband category not enough as many as 17 people with details regularity antenatal care visit category no regular as much as 82.4% and those who have regularity Antenatal care visit category regular as much as 17.6%, the data show that mother who has support husband in category not enough part big No regular in do antenatal care visits , and vice versa . Then the data results tabulation cross attitude Mother pregnant to regularity antenatal care visits show that part big Respondent own attitude category Negative as many as 16 people with details antenatal care visits with category No regular as much as 81.3% and those who have visit category regular 18.8%. The data also shows that Mother pregnant who has attitude negative to antenatal care visits will tend No regular in do antenatal care visits .

Connection Support husband with Regularity Antenatal Care Visits at the Health Center Bankrupt Toli-Toli Regency in 2022

Tabulation results cross show that part big Respondent own support husband category not enough as many as 17 people with details regularity antenatal care visit category no regular as much as 82.4 % and those who have regularity Visit antenatal care category regular as much as 17.6 % . Whereas based on results analysis using chi square test about connection Support husband with Regularity Antenatal Care Visits at the Health Center Bankrupt Toli-Toli Regency in 2022, the P-Value is known to be $0.001 < 0.05$. With thus in a way statistics can stated that There is connection Support husband with Regularity Antenatal Care Visits at the Health Center Bankrupt Toli-Toli Regency in 2022.

Research result This in line with study This that is conducted by Rury Narulita Sari & Eny Pemilu Kusparlina (2017) stated that There is the relationship between support husband with accuracy timetable antenatal care visits to mothers pregnant in the third trimester in the Village for Sub-districts / Regencies Madiun . Then study Meilany Laisouw (2020) stated that

there is connection between support family with visit antenatal care examination . Research Mila Syari .(2019) also stated that There is Connection Support Instrumental Family with Compliance ANC Visits for Pregnant Women in the Third Trimester at the Dina Maternity House in Medan City in 2018.

According to opinion less mother researcher get support husband will tend ignore in do visit antenatal care so that during pregnancy Mother No do visit in a way regular , on the contrary mother who gets support with Good will tend do visit antenatally regular . This is show importance support husband to Mother during pregnancy . Presence husband moment inspection pregnancy expected can give motivation Mother for regular check-ups her pregnancy , besides That husband can always remind Mother about importance do inspection pregnancy in accordance schedule . The role of the husband is very important Mother pregnant in do inspection pregnancy . Support given husband No only limited to deliver Mother to service health For check it out pregnancy . According to Friedman (2013) there is four criteria the support needed given by a husband , namely support informational , support assessment / reward , instrumental support and support emotional . Support good husband can give good motivation for mother For check it out her pregnancy .

The mother who did visit antenatally regular will know health status mother and baby , you know signs danger pregnancy in a way early . So that factor risk pregnancy will can known in a way early and the consequences caused will can prevented . Efforts to improve support family At the Health Center Bankrupt Toli-Toli Regency can done with counseling by personnel health to public especially family Mother pregnant routinely and massively so that they also care that visit pregnancy is very important For monitor pregnancy so that danger risk pregnancy can anticipated .

D. Connection Pregnant women's attitudes with Regularity Antenatal Care Visits at the Health Center Bankrupt Toli-Toli Regency in 2022

Tabulation results cross show that part big Respondents at the Health Center Bankrupt Toli-Toli Regency in 2022 has attitude category Negative as many as 16 people with details visit antenatal care with category No regular as much as 81.3% and those who have visit category regular 18.8 % . Meanwhile based on results analysis using chi square test about analysis connection between attitude with regularity Antenatal care visits at the health center Bankrupt Toli-Toli Regency in 2022 is known that P-Value value of $0.011 < 0.05$. With thus in a way statistics can stated that There is connection between attitude with regularity Antenatal care visits at the health center Bankrupt Toli-Toli Regency in 2022.

Research result This supported by research Mamalango (2019) stated that that There is connection attitude with Antenatal Care visit . Then study Tarigan (2017) stated that that It means that There is connection attitude Mother pregnant with completeness antenatal care visits . Then study Lestari (2018) which states that There is significant relationship between attitude Mother pregnant to compliance K4 visit . Research This is also supported by research Azizah (2021) who stated that There is connection attitude with frequency ANC visit .

According to opinion researcher Mother pregnant who has attitude negative to antenatal care visits will tend no regular in do visits . And vice versa . mother who has attitude positive to antenatal care visits will tend regular in do his examination . Attitude negative Mother pregnant to Antenatal care visits at the health center Bankrupt Toli-Toli Regency according to opinion researcher influenced by knowledge Mother pregnant . Insufficient knowledge will influence attitude Mother pregnant to importance antenatal care visits . Opinion the in accordance with Padila's opinion (2014) is that Attitude Mother in perform antenatal care depending on from knowledge Mother That Alone Because knowledge is very basic For increase health Mother . With existence attitude positive , mom pregnant will obedient in do antenatal care visit

CONCLUSION

There is a relationship Support husband and attitude with Regularity Antenatal Care Visits at the Health Center Bankrupt Toli-Toli Regency Year 2022.

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