

The Relationship Between Interpersonal Communication Of Married Couples And Decision Making To Participate In Mow In The Boarding Room Of Merauke Hospital

Elsa Irianja¹, Shanty Natalia^{2*}, Retno Palupi Yonni Siwi³, Tety Ripursari⁴

Department of Midwifery, Faculty of Nursing and Midwifery, STRADA University
Indonesia

*Corresponding author: shantynatalia@strada.ac.id

ABSTRACT

Indonesia according to BKKBN in 2019 there were around 68 active participants in KB MOW, in 2021 there were 3 active participants in KB MOW, and in 2020 there were 57 active participants in KB MOW. According to the Papua Provincial BKKBN, the percentage of users of the MOW family planning method in Papua Province in 2021 was 4,530 participants, in 2021 there were 4493 participants, and in 2022 there were 4660 active family planning participants. For the Merauke region itself, there were 57 mow participants within 1 year. The use of family planning MOW at the hospital itself has 57 participants within 1 year. To determine the relationship between interpersonal communication between married couples and decision making to participate in MOW in the Ponok Room of Merauke Hospital. This study uses a cross-sectional *research method*, which is a study where the variables that include the effect are observed at the same time. The sample technique used was a total sampling of 30 people. The data techniques were included in univariate analysis using frequency distribution and bivariate analysis using statistical calculations of the SPSS 23 program. The results of this study show that *the value of p* = 0,0.03<0.005, this means that there is a relationship between the Interpersonal Communication Relationship of Married Couples and the Decision Making of Mow Participation in the Ponok Room of Merauke Hospital. The Relationship between Interpersonal Communication of Married Couples and Decision Making on Mow Participation in the Ponok Room of Merauke Hospital.

Keywords: Interpersonal Communication, KB MOW and KB Acceptors, Participation

INTRODUCTION

Since the family planning program was launched in 1970 until now, the number of acceptors of family planning MOW is still very small. The low proportion of KB MOW participants certainly does not make a real contribution to the decline in the birth rate in Indonesia. The use of contraception in the world according to WHO more than 100 million people use effective contraceptives, with the use of contraception 25% using non-hormonal contraceptives, while in Indonesia according to BKKBN in 2019 there are around 68 active participants of birth control MOW, in 2021 there are 3 active participants of birth control MOW, and in 2020 there are 57 active participants of birth control MOW. According to the Papua Provincial BKKBN, the percentage of users of the MOW family planning method in Papua Province in 2021 was 4,530 participants, in 2021 there were 4493 participants, and in 2022 there were 4660 active family planning participants. For the Merauke region itself, there were 57 mow participants within 1 year. The use of Kb MOW at the hospital itself has 57 participants within 1 year.

Every married couple hopes that the married life they live can bring tranquility and happiness to their lives. On the other hand, married life is constantly changing along with the maturity of each couple and facing new problems, needs, desires, hopes, and problems. A

marriage will be happy or not depending on what happens in the marriage. Changing conditions require married couples to communicate effectively with each other.

One type of interpersonal communication used in interacting with married couples is the diadik, namely through communication in more intimate, deeper and personal situations. The existence of effective interpersonal communication provides an opportunity for married couples to be able to avoid situations that can damage the relationship that causes the marriage to be disharmonious. The atmosphere of a good marital relationship can be manifested in a warm, understanding, affectionate atmosphere with each other so that it can create a familiar and cheerful atmosphere. The basis for the creation of this relationship is the creation of effective interpersonal communication in the marriage.

Interpersonal communication between husband and wife has an important role in maintaining the continuity of the household. (Krisna Indah Marheni, 2019) states that with good communication means maintaining relationships that have been established so as to avoid situations that can damage relationships. Married couples who are able to adjust to marriage tend to be more able to create an atmosphere of effective interpersonal communication.

This is due to the integration between two individuals which can provide the effect of harmony in the household. However, on the other hand, there are couples who are always trying to create harmony in their families, but are still not assertive in communicating. There are couples who sometimes use communication that actually offends their partner but is interpreted by the individual as a form of assertiveness. On the other hand, couples try not to fight or retaliate in order to maintain household harmony and try to set an example of "harmony" for their children, meaning couples who choose to remain silent because they intend to avoid conflict. Therefore, here the author takes such a title because in the ponek room we find many cases where husbands lack communication about decision-making when going to MOW.

Meanwhile, research according to (Puri Kusuma Dwi Putri, 2023) Couple Communication in Decision Making on the Use of Contraceptives in 2023 shows that there is a relationship of communication between couples in making important decisions in the success of the family planning program. The role of the family is the initial stage where the husband and wife can discuss when they will have children, how many children they will have, and the use of contraceptives that are suitable for both.

MOW contraception has the lowest failure rate (both theoretically and practically) compared to other contraceptives. Theoretically, the MOW contraceptive failure rate is 0.04 pregnancies per 100 women during the year of use and in practice the MOW contraceptive failure rate is 0.1-0.5 pregnancies per 100 women in the first year of use. (BKKBN, 2012)

In some cases, researchers often found that some participants did not agree with their wives' decisions to participate in the Family Planning MOW because the husband did not understand and was reluctant to ask health workers, thus causing the wife not to participate in the Family Planning MOW participants.

Based on the data study, the researcher wants to explain more about the relationship between couples' interpersonal communication patterns and the use of family planning MOW.

METHOD

The research approach used in this study is a cross sectional approach with a population of 15 PASUTRI respondents and a sample of 15 PASUTRI respondents using *Accidental Sampling*. The Independent Variable is the decision to participate in the MOW, the Dependent Variable is Interpersonal Communication. Using the *Chi Square Test*.

RESULT

Characteristics of Respondents Based on Wife's Age

Table 4.1 Distribution of Respondent Frequency Based on the Age of the Wife in the Boarding Room of Merauke Hospital

Age	Frequency	Percentage (%)
<20 Years	0	0
20-35 Years	10	66.7
>35 Years	5	33.3
Total	15	100.0

Based on table 4.1, it is known that most of the wives are 20-35 years old, namely as many as 10 respondents (66.7%).

Characteristics of Respondents Based on Wives' Education

Table 4.2 Distribution of Respondent Frequency Based on Wife's Education in the Boarding Room of Merauke Hospital

Education	Frequency	Percentage (%)
TS	1	6.7
SD	7	46.7
JUNIOR	2	13.3
SMA	2	13.3
D3 / Bachelor	3	20
Total	15	100.0

Based on table 4.2, it is known that most of the couples have an elementary school education, namely 7 respondents (46.7%).

The Relationship between Participation and the Selection of MOW Contraceptives in the Boarding Room of Merauke Hospital

Table 4.3 Distribution of Respondent Frequency Based on Participation of Couples in the Ponok Room of Merauke Hospital

Inform consent	Frequency	Percentage (%)
Agree	5	33.3
Disagree	10	66.7
Total	15	100.0

Based on table 4.3, it is known that most of the couples do not agree with the participation of MOW, namely as many as 10 respondents (66.7%).

The Relationship between Interpersonal Communication and the Selection of MOW Contraception in the Boarding Room of Merauke Hospital

Table 4.4 Distribution of Respondent Frequencies Based on PASUTRI Interpersonal Communication in Decision Making on MOW Participation in the Ponok Room of Ponok Hospital

Interpersonal Communication	Frequency	Percentage (%)
Good	5	33.3
Not Good	10	66.7
Total	15	100.0

Based on table 4.4, it is known that PASUTRI has poor interpersonal communication, namely 10 respondents (66.7%).

Cross-tabulation of General Data

Table 4.5 Cross-tabulation based on age and education of wives in decision-making for MOW Participation in the Ponok Room of Merauke Hospital

Education	Age						Total	
	<20 yrs		20-35 yrs		>35 yrs		N	%
	N	%	N	%	N	%		
TS	0	0.0	0	0.0	1	6.7	1	6,7
SD	0	0.0	6	40	1	6,7	7	46.7
JUNIOR	0	0.0	2	13.3	0	0.0	2	13,3
SMA	0	0.0	0	0.0	2	13.3	2	13.3
D3/BACHELOR	0	0.0	2	13,3	1	6.7	3	20
Sum	0	0	10	66.6	5	33,4	15	100

Based on table 4.5, it is known that wives who are 20-35 years old have an elementary education as many as 6 respondents (40%).

Cross-tabulation between independent variables and dependent variables

Table 4.6 Cross-tabulation of Interpersonal Communication Relationships of PASUTRI in Decision Making on MOW Participation in the Ponok Room of Merauke Hospital

Participation	Interpersonal Communication				Total	
	Yes		Not		N	%
	N	%	N	%		
Agree	5	33.3	0	0,0	5	33.3
Disagree	0	0.0	10	66.7	10	66.7
Sum	5	33.3	10	66.7	15	100

Based on the table above, it is known that PASUTRI has poor interpersonal communication in participating in MOW as many as 10 respondents (66.7%).

STATISTICAL TEST

Nominal	P-Value	Error Rate	Conclusion
The Relationship of Interpersonal Communication between Married Couples and Decision Making on MOW Participation in the Ponok Room of Merauke Hospital	0.03	0	Significant

DISCUSSION

Interpersonal Communication of Married Couples with Decision Making on the Election of MOW in the Ponok Room of Merauke Hospital

Based on Table 4.3 It was found that out of 30 respondents, most of the married couples who did not agree to participate in the MOW were 15 respondents (66.7%), while married couples who agreed to participate in the MOW were 5 respondents (33.3%).

Interpersonal communication is communication carried out by individuals to exchange ideas or thoughts with other individuals. Interpersonal communication is one of the keys for married couples in establishing a more intense and harmonious relationship.

In creating interpersonal relationships, there needs to be good communication between the couple. Communication that is often used by husbands and wives in interacting is interpersonal communication. Good interpersonal communication is effective communication, which has the characteristics of openness, empathy, mutual support, positive attitude and equality. (Hanian, 2017).

Meanwhile, another study, Couple Communication in Decision-Making on the Use of Contraceptives in 2023 shows that there is a relationship of communication between couples in decision-making is important in the success of the family planning program. The role of the family is the initial stage where the husband and wife can discuss when they will have children, how many children they will have, and the use of tools. (Puri Kusuma Dwi Putri, 2023).

The researcher's assumption is that most of the things that affect the participation of family planning MOW are interpersonal communication due to several factors such as age, education, and husband/family support. Where interpersonal communication is not achieved, most of the respondents have low education, resulting in a lack of education or knowledge about family planning MOW.

One of the things that affects is education, where the more educated a person is, the more he understands how to find information about MOW contraception and can affect participation in the selection of MOW birth control. In addition, the influence of husband and family support also affects the participation in the selection of family planning MOW where sometimes the mothers/wives will always ask for opinions or approval from the husband/family where the most important decision-maker in the family is the husband.

Participation of Married Couples with MOW Election Decision Making in the Ponek Room of Merauke Hospital

Based on Table 4.4, it was found that of the 15 respondent couples, most of the married couples had poor interpersonal communication in participating in MOW as many as 10 respondent couples (66.7%), while married couples whose interpersonal communication was good in participating in MOW as many as 5 respondents (33.3%).

Interpersonal Communication Relationship of Married Couples in Decision Making to Participate in MOW in the Ponek Room of Merauke Hospital

Based on table 4.5, it is known that out of 10 respondent pairs, most of the married couples do not agree in carrying out MOW actions and have poor interpersonal communication as many as 10 respondent pairs (66.7%).

Based on data analysis using the *Chi Square* statistical test, the P value $< \alpha$ 0.05 (0.000 $<$ 0.05), it is known that the *symp. Sig. (2-sided)* value in the person *chi-square* test is 0.003. Because of the *symp.sig. (2-sided)* 0.003 $<$ 0.005, then H_0 is rejected and H_1 is accepted, which means that there is an Interpersonal Communication Relationship between Married Couples and Decision Making on MOW Participation in the Ponek Room of Merauke Hospital.

The results of this study are in line with the research of Siti Hindun, 2021 with a statistical test using a spearman rank with a significance value of $p = 0.000 < \alpha = 0.05$, then H_1 is accepted, meaning that H_0 is rejected. So there is an interpersonal communication relationship between PASUTRI in participation.

In the opinion of the researcher, in the opinion of the researcher, the thing that affects the use/selection of family planning Mow in PASUTRI is interpersonal communication. Where communication between married couples is very important, in addition to good communication, married couples must also have mutual insight and good education about contraceptive selection. Thus, there is an agreement on the contraception of MOW to be used.

In this case, there are several ways to overcome obstacles in interpersonal communication, namely understanding each other, using concrete examples, understanding the system, communicating using understood and appropriate language, then using two-way communication. (Suhartin, 2020).

CONCLUSION

1. It is known that of the 15 respondent couples, most of the married couples in the ponek room of Merauke Hospital did not agree with the participation of MOW as many as 10 respondents (66.7%).
2. Based on Table 4.4, it was found that of the 15 respondent couples, most of the married couples had poor interpersonal communication in participating in MOW as many as 10 married couples (66.7%).
3. The results of data analysis showed that the significance level was $0.003 < \alpha = 0.005$ so that H_0 was rejected and H_1 was accepted, thus there was an Interpersonal Communication Relationship of Married Couples in making decisions to participate in MOW in the boarding room of Merauke Hospital.

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