

Positive Affirmation of Midwives Regarding Antenatal Care Compliance Midwife To Compliance Antenatal Care Integrated In Tambak Bawean Gresik Community Health Center

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ABSTRACT

Low compliance of pregnant women in carrying out integrated antenatal care results in low early detection of pregnancy complications. The purpose of this study was to analyze the positive affirmation of midwives towards compliance with integrated antenatal care at the Tambak Bawean Gresik Health Center. This uses a design *pre experiment Intact-Group Comparison* . The population in this study amounted to 30 respondents. The sample in this study were all pregnant women who did not undergo integrated ANC at the Tambak Bawean Gresik Health Center using *accidental sampling techniques* . Data collection used questionnaires and SOPs and were analyzed using the independent t-statistical test with a significance level of $\alpha = 0.05$. Most of the respondents in the intervention group were compliant in performing ANC, namely 8 (53.3%) respondents. Most of the respondents in the control group were compliant in performing ANC, namely 8 (53.3%) respondents. The results of the T-test obtained a significant p-value: $0.040 < \alpha = 0.05$, meaning that there is an effect of providing positive affirmation on ANC compliance at the Tambak Bawean Health Center. Affirmation positive midwife can give calm And comfort for Mother pregnant, through the method of releasing negative energy and channeling positive suggestions to the patient, so that the pregnant woman feels comfortable and ready to face pregnancy and childbirth.

Keyword: Affirmation Positive, *Antenatal Care*, Midwife, Compliance, Integrated

INTRODUCTION

Health Mother pregnant is Wrong One aspect which is important to note in a woman's life cycle because throughout her pregnancy unexpected complications can occur. Every pregnant woman will face risks that can threaten her life. Therefore, every pregnant woman needs care during her pregnancy (roumali, 2016).

At the World Health Organization (WHO) meeting And manager program safe motherhood from countries in the Southeast Asia region in 2010, it was agreed that midwifery services provided to every mother who needs them need to be made to meet certain standards in order to be safe and effective. As a follow-up to developing midwifery service standards, these standards are required for all midwifery practitioners. as reference service in level

community which includes general services, antenatal services, delivery assistance, postpartum services and obstetric and newborn emergencies (RI, 2020).

Wrong One problem is satisfaction Mother pregnant with the quality of service for antenatal care, because irregular ANC visits will cause the occurrence danger on Mother pregnancy such as bleeding, because the signs of pregnancy danger are not detected due to the lack of ANC, so that information And signs danger not enough It is hoped that this will further increase the motivation and visits of mothers. pregnant as well as satisfaction ANC

integrated in a way regular and routine. (Kartini, 2019). Based on the visit of the mother pregnant can seen from the K1 visit and the National K1 target is 74% and the National K4 target is 64% (Ministry of Health, RI, 2019). In 2021, there were 12 (Twelve) Districts/Cities that had achievements Visit First (K1) > 100 %. In general

Quality There was a decline from 2020, namely 13 cities and districts. The largest First Visit (K1) coverage achievement was held by Bondowoso Regency, namely as big as 110.2%. Regency The Great has the lowest coverage in 2021, which is 85%. Due to the Covid-19 pandemic, there has been a decrease in K1 Achievement in the Regency/City, so it is hoped that for the Regency/City below the provincial average to improve data collection and assistance for pregnant women in their work areas by conducting home visits and it is recommended to carry out integrated ANC at the Health Center so that comorbidities in pregnant women can be detected earlier and contact can be made with officers in the third trimester. I so that Mother pregnant get quality services (Integrated Antenatal Care) and at least once checked by a doctor.

In the 3 initial indicators (AKI, AKB, Percentage of malnourished toddlers) it can be explained that the lower the realization value, the more successful the indicator is. The first indicator, namely the Achievement of AKI (Maternal Mortality Rate) in 2020 reached 140.9% which means that on the performance rating scale it is Very High. This is proven with realization on year 2020 amounted to 59.1/ 100,000 Live Births. The actual results were lower than the target of 95/100,000, which means that the number of maternal deaths has decreased. decline. Absolute number of deaths Mother on year 2020 as much as 12 maternal death from 20,309 amount birth life, more lower than year 2019 as much as 17 death Mother from 20,388 amount birth life.

Based on the results of a preliminary study conducted at the Tambak Bawean Health Center, Gresik Regency on month October 2022 researcher interview with 10 Mother pregnant Which check pregnancy, 7 of them said they were not active in participating in the integrated ANC program. This is because that Mother pregnant experience anxiety in making visits. This shows that many pregnant women are not active in the integrated ANC program.

Moment anxiety control thought mother, the greater the likelihood that intervention will be This occurs because the increase in adrenaline hormone makes the mother feel afraid, causes trauma and triggers the greatest stress in the hypothalamus. (Wawan, 2019).Support Which Keep going continuously from a companion especially midwife to the mother during the ANC visit process, providing flavor comfortable, Spirit, encouraging the mother and increasing the mother's self-confidence, reducing anxiety levels, and reducing medical treatment (Nisak B. f., 2016).

In fact, pregnant women are at high risk or risk low Still irregular conducting antenatal care visits, so that the information available about high-risk pregnancies and the importance of antenatal visits is still lacking. The schedule for check-up visits for high-risk pregnant women is carried out more routinely and regularly according to the nature risk factors that exist in pregnant women and supporting examinations that need to be carried out. Namely if the pregnant woman has been diagnosed including in group high risk Which must quick handled then antenatal visits are carried out more routinely, namely every 1 week, where each visit functions to control and provide ongoing treatment according to the mother's risk factors until the pregnancy is said to be safe, then visits can be carried out according to the gestational age with ideal visits (Ministry of Health of the Republic of Indonesia, 2018). Non-compliance in pregnancy check-ups can result in various maternal complications that can affect pregnancy or pregnancy complications not being known so that they cannot be treated immediately. Detection during examination pregnancy very helpful preparation control and Handling risks in pregnancy. If pregnant women are at risk of not having a pregnancy check-up, so they don't it will be known whether the pregnancy is going

well or is experiencing a very high risk condition with obstetric complications that could be dangerous life Mother And her fetus. If high risk pregnant women do not know about high-risk pregnancies, especially about the situation she is currently experiencing and what dangers it poses. will experienced If her pregnancy is not treated in a manner appropriate. As well as If Mother No know the benefits of antenatal visits for her pregnancy can cause the mother to take a decision Which Wrong in

Number Death Mother (BATTERY) is Wrong one target development. Effort lower BATTERY (pregnancy, childbirth and postpartum) quality Ante Natal Care (ANC) services are really needed according to standard policy Government, that is at least 6 times during pregnancy, 1 time in the first trimester, 1 time in the second trimester, and 4 times in the third trimester. ANC is a planned program in the form of observation, education, and medical treatment for pregnant women, with the aim of: maintaining the health of the mother during pregnancy; childbirth, and postpartum and ensuring that the baby is born healthy; a safe and satisfactory pregnancy and childbirth process; monitoring the possibility of pregnancy risks; planning optimal management of high-risk pregnancies; and reducing maternal and fetal perinatal morbidity and mortality.

The government has made various efforts to reduce maternal mortality rates. Efforts to reduce maternal mortality rates the mother Wrong the only one through the program integrated antenatal care. Integrated antenatal care is service antenatal in facility comprehensive health And integrated, Which includes promotive, preventive, curative and rehabilitative efforts. Utilization of antenatal services by pregnant women basically is manifestation from Wrong One form health behavior in an effort to prevent and overcome disease or disorders which can endanger health (Indrwati, 2018). The lack of maternal visits in the integrated ANC program is also influenced by the lack of Midwife Support due to the lack of Midwife knowledge about the importance of ANC and Midwife work. To overcome this problem, counseling can be carried out to mothers and families about the importance of ANC visits for early detection of pregnancy and early prevention of pregnancy complications so that mothers and children are healthy.

Based on background behind in on writer interested in examining the positive affirmation of midwives towards compliance with the integrated antenatal care program at the Tambak Bawean Gresik Health Center.

METHOD

The research design in this study is a research quantitative with method before Intact-Group Comparison experiment. In this study, all pregnant women were in their third trimester. who did not carry out integrated ANC at the Tambak Bawean Health Center, Gresik Regency on month July year 2023 Which amount to 30 respondents. The sampling technique used in this study was *Accidental sampling* . The research instrument was a questionnaire. The analysis in this study used the Wilcoxon statistical test.

RESULTS

1. Compliance ANC On Group Intervention

Table 4.3 Kepatuhan ANC Pads sekelompok Intervensi

No.	ANC compliance	N	%
1	Obedient	12	80.0
2	No Obedient	3	20.0
	Total	15	100.0

Table 4.3 shows that of the 15 respondents in the intervention group, the majority (80%) were compliant in carrying out ANC, namely 12 respondents.

2. Compliance ANC On Group Control

Table 4.4 ANC Compliance in Groups Kcontrol

No.	Compliance ANC	N	%
1	Obedient	8	53.3
2	No obedient	7	46.7
	Total	15	100.0

Table 4.4 shows that of the 15 respondents in the control group, the majority (53.3%) were compliant in carrying out ANC, namely 8 respondents.

2. Tabulation cross data general And data special

Tabel 4.2 tabulasi silang umur dengan kepatuhan ANC

			kepatuhan_kontrol		Total
			patuh	tidak patuh	
gen 20 eral - 35 r th	Count	5	6	11	
	%	33.3%	73.3%	40.0%	
	Total				
> 35 th	Co for	3	1	4	
	% of	20.0%	6.7%	26.7%	
	Total	0%			
Total	Co for	8	7	15	
	% of Tot	53.3%	46.7%	100.0%	
	Total				

Based on table 4.2, it is found that almost half of it Respondent Which aged 20-35 years of

non-compliance in implementing ANC.

A. ANALYSIS B IVARIATE

Independent Samples Test

		t-test for Equality of		
		Meaning		
			Sig	Mean Difference
			. (2-	
			tail ed)	
		df		
fast	Equal			
God	ces variant	1	.04	- .429
_internet	assume	3	0	
i	ed			
	Equal	6.		
	Variants	0	.03	- .429
	ces not assuming	0	8	
	ed	0		

The results of the T-test obtained a significant p-value: $0.040 < \alpha = 0.05$, meaning that there is an effect of providing positive affirmation on ANC compliance.

DISCUSSION

The results of the T-test obtained a significant p-value: $0.040 < \alpha = 0.05$, meaning that there is an effect of providing positive affirmation on ANC compliance.

This shows that pregnant women are in the group control emotional state And psychological

on Mother pregnant changeable, And after given hypnotherapy it turns out the emotional state and psychological Mother become calm Because get stimulus from brain For increase stimulation on hormone prolactin And oxytocin. (Ajzen, 2018) Implementation Antenatal Care Hypnotherapy can provide calm And comfort for pregnant mother And Mother giving birth, through method energy release negative And flow suggestion positive to patient, so that Mother pregnant feel comfortable and ready to face pregnancy and childbirth. Innovation This, is engagement between health workers and patients who are sincere and expect healing from Lord the almighty loving And caring, its implementation will succeed If officer sincere serve patient and patients give their trust to officer.(bhaktinews, 2022)

The results of this study revealed that positive affirmations from midwives influenced the activity of visits. ANC on Mother pregnant. The Mother pregnant who receive affirmation positive from midwife tend more active in undergoing regular ANC visits. This shows that positive interactions between midwives and pregnant women have an important role in motivating pregnant women to meet their pregnancy care needs.

Therefore, the role of midwives in providing positive affirmations to pregnant women is important. In the context of ANC services, midwives can create an environment that supports and motivates pregnant women to be active in ANC visits. This can be done through empathetic communication, giving praise, building trusting relationships, and providing ongoing support during the pregnancy process. Positive affirmations given by midwives can increase the confidence of pregnant women and increase their motivation to engage in ANC visits.

CONCLUSION

1. The results of research at the Tambak Bawean Health Center show that of 15 respondents in the group intervention, Part big (53.3%) compliant in carrying out ANC, namely 8 respondents.
2. The results of the study at the Tambak Bawean Health Center showed that of the 15 respondents in the control group, Most (53.3%) compliant in carrying out ANC, namely 8 respondents.
3. The results of the T-test obtained a significant p-value: $0.040 < \alpha = 0.05$, meaning that there is an influence of providing positive affirmation on ANC compliance at the Tambak Bawean Health Center.

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